

A chance to refuel. Relationships at this stage are built on mutual respect. Healthy distance is safe if intimacy has been established.

SPACE ▲



Testing the waters and sampling desire. Relationships at this stage are built on fun. Discovery lays the groundwork for future adventure.

DISCOVERY ▲



Building on the foundation. Relationships at this stage are built on exploration. Adventure is the fulfillment of discovery's hope.

▲ ADVENTURE



The wall has come down. Relationships at this stage are built on openness. Increased closeness strengthens the bond for future trials.

▲ INTIMACY

