



BLUE ZONE

Sad

Tired

Moving Slow



GREEN ZONE

Calm

Focused

Ready to Learn

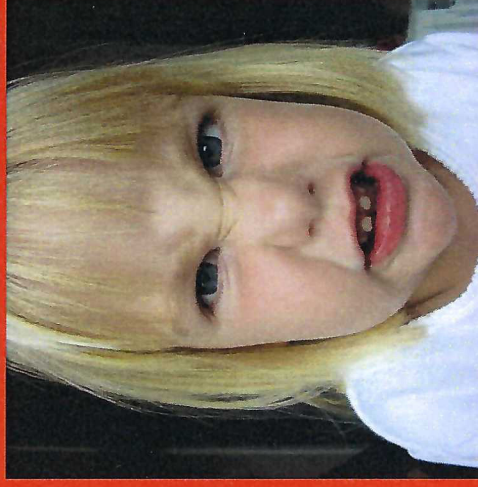


YELLOW ZONE

Silly or Wiggly

Excited

Scared/Nervous



RED ZONE

Mad/Angry

Yelling

Not in Control